

Quantum Mechanics for NMR (II)

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Measurement and Dynamics

Measurement of observable Q in quantum state $|\Psi\rangle = \sum_n c_n |\varphi_n\rangle$ yields one of its eigenvalues ε_n with **probability** $|c_n|^2$.

After the measurement the system remains in eigenstate $|\varphi_n\rangle$.

Postulate

*In a **closed** quantum system the time evolution (dynamics) of states is generated by the Hamiltonian $\mathbf{H}$*

$$i\hbar \frac{d|\Psi(t)\rangle}{dt} = \mathbf{H} |\Psi(t)\rangle \quad (E. \text{ Schrödinger, 1926})$$

with solution $|\Psi(t)\rangle = e^{-\frac{i}{\hbar} \mathbf{H} t} |\Psi(0)\rangle \quad (\mathbf{H} = \mathbf{H}^\dagger)$

H time-independent: $\mathbf{H} |\psi_n\rangle = E_n |\psi_n\rangle$
 $|\psi_n(t)\rangle = e^{-\frac{i}{\hbar} E_n t} |\psi_n\rangle$ “stationary states”

Evolution of the Density Operator

$$\begin{aligned}\rho &= \sum_i p_i |\Psi_i\rangle \langle \Psi_i| = \left| |\Psi\rangle = \sum_j c_j |\varphi_j\rangle \right| \\ &= \sum_i p_i \sum_{j,k} c_j^* c_k |\varphi_j\rangle \langle \varphi_k| = \sum_{j,k} \overline{c_j^* c_k} |\varphi_j\rangle \langle \varphi_k|\end{aligned}$$

$$\begin{aligned}\frac{d\rho}{dt} &= \sum_i p_i \left(\frac{d|\Psi_i\rangle}{dt} \langle \Psi_i| + |\Psi_i\rangle \frac{d\langle \Psi_i|}{dt} \right) \\ &= \frac{1}{i\hbar} \sum_i p_i \{ (\mathbf{H} |\Psi_i\rangle) \langle \Psi_i| - |\Psi_i\rangle (\langle \Psi_i| \mathbf{H}) \} \\ &= \frac{1}{i\hbar} (\mathbf{H}\rho - \rho\mathbf{H})\end{aligned}$$

Conclusion

$$i\hbar \frac{d\rho}{dt} = [\mathbf{H}, \rho] \quad (\text{Liouville - von Neumann equation})$$

$$\text{with solution } \rho(t) = e^{-\frac{i}{\hbar} \mathbf{H} t} \rho(0) e^{\frac{i}{\hbar} \mathbf{H} t}$$

Spin dynamics: General case

Consider observable Q ($= Q^\dagger$) for states $|\Psi(t)\rangle$ ($\langle\Psi|\Psi\rangle = 1, \forall t$):

$$\begin{aligned}\frac{d\langle Q \rangle}{dt} &= \frac{d\langle\Psi(t)|Q|\Psi(t)\rangle}{dt} = \frac{1}{i\hbar} \langle\Psi(t)| QH - HQ |\Psi(t)\rangle + \langle\Psi(t)| \frac{dQ}{dt} |\Psi(t)\rangle \\ \rightarrow \frac{d\langle Q \rangle}{dt} &= \frac{1}{i\hbar} \langle [Q, H] \rangle + \left\langle \frac{dQ}{dt} \right\rangle\end{aligned}$$

Proposition

Spin 1/2 magnetic moment μ in field $\mathbf{B}$: $H = -\mathbf{B} \cdot \mu = -\frac{\hbar\gamma}{2} \mathbf{B} \cdot \boldsymbol{\sigma}$

$$\begin{aligned}\text{With } \frac{d\boldsymbol{\sigma}_i}{dt} = 0: \quad \frac{d\langle\boldsymbol{\sigma}_1\rangle}{dt} &= \frac{i\gamma}{2} \langle [\boldsymbol{\sigma}_1, (B_1\boldsymbol{\sigma}_1 + B_2\boldsymbol{\sigma}_2 + B_3\boldsymbol{\sigma}_3)] \rangle \\ &= \gamma(B_3 \langle\boldsymbol{\sigma}_2\rangle - B_2 \langle\boldsymbol{\sigma}_3\rangle) \\ \frac{d\langle\boldsymbol{\sigma}_2\rangle}{dt} &= \gamma(B_1 \langle\boldsymbol{\sigma}_3\rangle - B_3 \langle\boldsymbol{\sigma}_1\rangle) \\ \frac{d\langle\boldsymbol{\sigma}_3\rangle}{dt} &= \gamma(B_2 \langle\boldsymbol{\sigma}_1\rangle - B_1 \langle\boldsymbol{\sigma}_2\rangle)\end{aligned}$$

Conclusion

Evolution of average magnetic moment in field $\mathbf{B}$

$$\frac{d\langle\boldsymbol{\mu}\rangle}{dt} = \gamma \langle\boldsymbol{\mu}\rangle \times \mathbf{B}$$

Bloch equations: Relaxation

Relaxation: establish thermodynamic equilibrium of spin system due to its interaction & energy exchange with (1) “lattice” in thermal motion (heat reservoir), and (2) neighbouring spins (**direct** dipolar coupling).

Magnetic moment of N spins (bulk magnetization): $\mathbf{M} = \sum_n^N \mu_n$

- (1) Spin-lattice (“longitudinal”) relaxation: return equilibrium **excess** of spins in “ground state” ($M_0 = n_0 N \mu_z$, $n_0 \sim 10^{-5}$) at rate $\frac{1}{T_1}$:

$$\frac{dM_z(t)}{dt} = \gamma [M_x(t)B_y(t) - M_y(t)B_x(t)] + \frac{M_0 - M_z(t)}{T_1}$$

- (2) Spin-spin (“transversal”) relaxation: x - and y -magnetizations vanish at rate $\frac{1}{T_2}$:

$$\frac{dM_x(t)}{dt} = \gamma [M_y(t)B_z(t) - M_z(t)B_y(t)] - \frac{M_x(t)}{T_2}$$

$$\frac{dM_y(t)}{dt} = \gamma [M_z(t)B_x(t) - M_x(t)B_z(t)] - \frac{M_y(t)}{T_2}$$

(F. Bloch, 1946)

Rotations in 3D

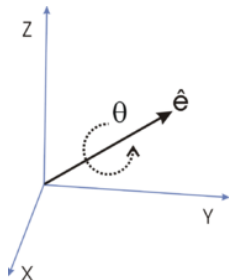
Rotate vector $\mathbf{r}$ about axis $\hat{\mathbf{e}}$ ($|\hat{\mathbf{e}}| = 1$) by angle θ
(O. Rodrigues, 1840)

$$\mathbf{r}' = c \mathbf{r} + (1 - c)(\hat{\mathbf{e}} \cdot \mathbf{r}) \hat{\mathbf{e}} + s \hat{\mathbf{e}} \times \mathbf{r} = \mathbf{R}_{\hat{\mathbf{e}}}(\theta) \mathbf{r}$$

where $s \equiv \sin \theta$, $c \equiv \cos \theta$,

with matrix

$$\mathbf{R}_{\hat{\mathbf{e}}}(\theta) = \begin{pmatrix} e_1^2(1 - c) + c & e_1 e_2(1 - c) - e_3 s & e_1 e_3(1 - c) + e_2 s \\ e_1 e_2(1 - c) + e_3 s & e_2^2(1 - c) + c & e_2 e_3(1 - c) - e_1 s \\ e_1 e_3(1 - c) - e_2 s & e_2 e_3(1 - c) + e_1 s & e_3^2(1 - c) + c \end{pmatrix}$$



Example: Rotation about z-axis $\hat{\mathbf{e}} = \begin{pmatrix} 0 \\ 0 \\ 1 \end{pmatrix}$: $\mathbf{R}_z(\theta) = \begin{pmatrix} \cos \theta & -\sin \theta & 0 \\ \sin \theta & \cos \theta & 0 \\ 0 & 0 & 1 \end{pmatrix}$

Passive rotation = new vector coordinates after **rotation of coordinate system**
as $\mathbf{R}(-\theta)\mathbf{r}$, i.e. changing sign of factors “ $\sin \theta$ ”.

Symmetry Transformations

Symmetry operator $\mathbf{U}$: $|\Psi'\rangle = \mathbf{U}|\Psi\rangle$, $Q' = \mathbf{U}Q\mathbf{U}^\dagger$ conserves:

– *transition probabilities* $p_{\Psi \rightarrow \Phi} = |\langle \Phi | \Psi \rangle|^2$
 $\leadsto \mathbf{U}\mathbf{U}^\dagger = \mathbf{I} \rightarrow \mathbf{U}^{-1} = \mathbf{U}^\dagger$ (unitarity)

– *mean & eigenvalues* $\langle Q \rangle = \langle \Psi | Q | \Psi \rangle$,
 $Q = \sum_n \varepsilon_n |\varphi_n\rangle \langle \varphi_n|$
 $\leadsto [\mathbf{U}, Q] = 0$

Theorem

$Q = Q^\dagger$: unitary $\mathbf{U}(\tau) = e^{i\tau Q} = \sum_n e^{i\varepsilon_n \tau} |\varphi_n\rangle \langle \varphi_n|$, $\tau \in \mathbb{R}$

with $\mathbf{U}(-\tau) = \mathbf{U}^{-1}(\tau)$, $\mathbf{U}(\varsigma)\mathbf{U}(\tau) = \mathbf{U}(\varsigma + \tau)$ (M.H. Stone, 1930)

Rotations in $\mathbb{C}^2$

Stones' theorem with $\tau = \frac{\theta}{2}$, $Q = \sigma_3$:

$$\mathbf{U}_3\left(\frac{\theta}{2}\right) = e^{i\frac{\theta}{2}\sigma_3} = e^{i\frac{\theta}{2}} |\alpha\rangle \langle\alpha| + e^{-i\frac{\theta}{2}} |\beta\rangle \langle\beta| = \begin{pmatrix} e^{i\frac{\theta}{2}} & 0 \\ 0 & e^{-i\frac{\theta}{2}} \end{pmatrix}$$

Given $\mathbf{r}$ in (X, Y, Z) - rotate **axes** X & Y about Z by θ
(**passive** rotation of $\mathbf{r}$) $\rightarrow$ coordinates of $\mathbf{r}$ in (X', Y', Z) :

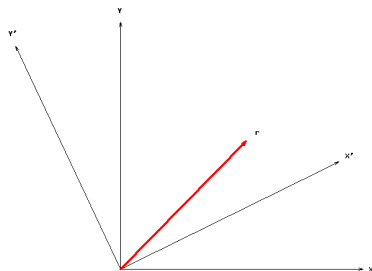
$$\mathbf{r}' = \mathbf{R}_z(-\theta)\mathbf{r} = \begin{pmatrix} r_1 \cos \theta + r_2 \sin \theta \\ -r_1 \sin \theta + r_2 \cos \theta \\ r_3 \end{pmatrix}$$

equivalent to

$$\mathbf{U}_3\left(\frac{\theta}{2}\right) \begin{pmatrix} r_3 & r_1 - ir_2 \\ r_1 + ir_2 & -r_3 \end{pmatrix} \mathbf{U}_3^{-1}\left(\frac{\theta}{2}\right) = \begin{pmatrix} r_3 & (r_1 - ir_2)e^{i\theta} \\ (r_1 + ir_2)e^{-i\theta} & -r_3 \end{pmatrix}$$

Note: $\mathbf{R}_z(-\theta) \in \mathbb{R}^3 \longleftrightarrow \mathbf{U}_3\left(\frac{\theta}{2}\right) \in \mathbb{C}^2$

Rotating frame



Rotations in $\mathbb{C}^2$ (2)

$$\begin{aligned}\mathbf{R}_1(\phi) &= e^{-i\frac{\phi}{2}\sigma_1} \\ &= \frac{1}{2} \left[e^{-i\frac{\phi}{2}} (|\alpha\rangle + |\beta\rangle) (\langle\alpha| + \langle\beta|) + e^{i\frac{\phi}{2}} (|\alpha\rangle - |\beta\rangle) (\langle\alpha| - \langle\beta|) \right] \\ &= \begin{pmatrix} \cos \frac{\phi}{2} & -i \sin \frac{\phi}{2} \\ -i \sin \frac{\phi}{2} & \cos \frac{\phi}{2} \end{pmatrix} \quad \leadsto \quad \mathbf{R}_1^{-1}(\phi) = \begin{pmatrix} \cos \frac{\phi}{2} & i \sin \frac{\phi}{2} \\ i \sin \frac{\phi}{2} & \cos \frac{\phi}{2} \end{pmatrix}\end{aligned}$$

$$\begin{aligned}\mathbf{R}_2(\chi) &= e^{-i\frac{\chi}{2}\sigma_2} \\ &= \frac{1}{2} \left[e^{-i\frac{\chi}{2}} (|\alpha\rangle + i|\beta\rangle) (\langle\alpha| - i\langle\beta|) + e^{i\frac{\chi}{2}} (i|\alpha\rangle + |\beta\rangle) (-i\langle\alpha| + \langle\beta|) \right] \\ &= \begin{pmatrix} \cos \frac{\chi}{2} & -\sin \frac{\chi}{2} \\ \sin \frac{\chi}{2} & \cos \frac{\chi}{2} \end{pmatrix} \quad \leadsto \quad \mathbf{R}_2^{-1}(\chi) = \begin{pmatrix} \cos \frac{\chi}{2} & \sin \frac{\chi}{2} \\ -\sin \frac{\chi}{2} & \cos \frac{\chi}{2} \end{pmatrix}\end{aligned}$$

$$\begin{aligned}\mathbf{R}_3(\theta) &= e^{-i\frac{\theta}{2}\sigma_3} = e^{-i\frac{\theta}{2}} |\alpha\rangle \langle\alpha| + e^{i\frac{\theta}{2}} |\beta\rangle \langle\beta| \\ &= e^{-i\frac{\theta}{2}} \begin{pmatrix} 1 \\ 0 \end{pmatrix} (1 \ 0) + e^{i\frac{\theta}{2}} \begin{pmatrix} 0 \\ 1 \end{pmatrix} (0 \ 1) = \begin{pmatrix} e^{-i\frac{\theta}{2}} & 0 \\ 0 & e^{i\frac{\theta}{2}} \end{pmatrix} \\ &= \begin{pmatrix} \cos \frac{\theta}{2} - i \sin \frac{\theta}{2} & 0 \\ 0 & \cos \frac{\theta}{2} + i \sin \frac{\theta}{2} \end{pmatrix} \quad \leadsto \quad \mathbf{R}_3^{-1}(\theta) = \begin{pmatrix} e^{i\frac{\theta}{2}} & 0 \\ 0 & e^{-i\frac{\theta}{2}} \end{pmatrix}\end{aligned}$$

Bloch vector

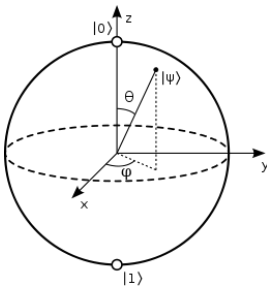
$$1) \quad \rho = \sum_j p_j |\Psi_j\rangle \langle \Psi_j|$$

$$\langle \sigma_i \rangle = \text{Tr}(\rho \sigma_i) = \sum_j p_j \langle \Psi_j | \sigma_i | \Psi_j \rangle = \sum_j p_j \sigma_{ij} \equiv b_i$$

$$2) \quad \rho = \frac{1}{2} (\mathbf{I} + b_1 \sigma_1 + b_2 \sigma_2 + b_3 \sigma_3) : \quad \langle \sigma_i \rangle = \text{Tr}(\rho \sigma_i) \equiv b_i$$

→ **Bloch vector** $\mathbf{b} \equiv \langle \boldsymbol{\sigma} \rangle = \frac{2}{\hbar \gamma} \langle \boldsymbol{\mu} \rangle$ = **average magnetization**

Bloch sphere (Qubit)



$$\mathbf{b} = \begin{pmatrix} \sin \theta \cos \varphi \\ \sin \theta \sin \varphi \\ \cos \theta \end{pmatrix}$$

$$\mathbf{b} \cdot \boldsymbol{\sigma} = \begin{pmatrix} \cos \theta & e^{-i\varphi} \sin \theta \\ e^{i\varphi} \sin \theta & -\cos \theta \end{pmatrix}$$

eigenvector = **any** spin-1/2 state:

$$|\Psi\rangle = \cos \frac{\theta}{2} |\alpha\rangle + e^{i\varphi} \sin \frac{\theta}{2} |\beta\rangle$$

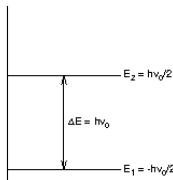
Larmor precession

$$\mathbf{H}_0 = -\mathbf{B}_0 \boldsymbol{\mu}_3 = -\frac{\hbar \gamma}{2} B_0 \boldsymbol{\sigma}_3 \quad (\text{Zeeman Hamiltonian})$$

$$= |\gamma > 0 : \omega_0 \equiv \gamma B_0| = -\frac{\hbar}{2} \begin{pmatrix} \omega_0 & 0 \\ 0 & -\omega_0 \end{pmatrix}$$

$$\leadsto 2 \text{ eigenstates } |\alpha\rangle : E_1 = -\frac{\hbar \omega_0}{2}$$

$$|\beta\rangle : E_2 = \frac{\hbar \omega_0}{2}$$



$$\text{Spin-1/2 evolution } |\Psi(t)\rangle = e^{-\frac{i}{\hbar} \mathbf{H}_0 t} |\Psi(0)\rangle$$

$$\text{Stone's theorem: } e^{-\frac{i}{\hbar} \mathbf{H}_0 t} = \begin{pmatrix} e^{i\frac{\omega_0}{2}t} & 0 \\ 0 & e^{-i\frac{\omega_0}{2}t} \end{pmatrix} \equiv \mathbf{U}(t)$$

$$\text{Consider } |\Psi(t)\rangle = \mathbf{U}(t) |\Psi(0)\rangle \text{ with "any" } |\Psi(0)\rangle = \cos \frac{\theta}{2} |\alpha\rangle + e^{i\varphi} \sin \frac{\theta}{2} |\beta\rangle:$$

$$\mathbf{b}(t) = \begin{pmatrix} \langle \Psi(t) | \boldsymbol{\sigma}_1 | \Psi(t) \rangle \\ \langle \Psi(t) | \boldsymbol{\sigma}_2 | \Psi(t) \rangle \\ \langle \Psi(t) | \boldsymbol{\sigma}_3 | \Psi(t) \rangle \end{pmatrix} = \begin{pmatrix} \cos \omega_0 t & \sin \omega_0 t & 0 \\ -\sin \omega_0 t & \cos \omega_0 t & 0 \\ 0 & 0 & 1 \end{pmatrix} \mathbf{b}(0) = \mathbf{R}_z(-\omega_0 t) \mathbf{b}(0)$$

Conclusion

The Bloch vector of nuclear 1/2-spins precesses **clockwise** with **Larmor** frequency ω_0 about the direction of a static homogenous magnetic field (if $b_1(0) \neq 0$ or $b_2(0) \neq 0$).

Nuclear Magnetic Resonance

Apply static & perpendicular to it magnetic field rotating clockwise

$$\mathbf{H} = -\frac{\hbar\gamma}{2} \begin{pmatrix} B_1 \cos \omega t \\ -B_1 \sin \omega t \\ B_0 \end{pmatrix} \cdot \boldsymbol{\sigma} = \begin{vmatrix} \omega_0 \equiv \gamma B_0 \\ \omega_1 \equiv \gamma B_1 \end{vmatrix} = -\frac{\hbar}{2} \begin{pmatrix} \omega_0 & \omega_1 e^{i\omega t} \\ \omega_1 e^{-i\omega t} & -\omega_0 \end{pmatrix}$$

Transformation **into** clockwise rotating frame by $\mathbf{U} = \begin{pmatrix} e^{-i\frac{\omega t}{2}} & 0 \\ 0 & e^{i\frac{\omega t}{2}} \end{pmatrix}$:

$$|\Upsilon\rangle \equiv \mathbf{U}|\Psi\rangle \quad \curvearrowright \quad |\Psi\rangle = \mathbf{U}^{-1}|\Upsilon\rangle$$

$$i\hbar \frac{d|\Psi\rangle}{dt} = \mathbf{H}|\Psi\rangle \rightarrow i\hbar \mathbf{U}^{-1} \frac{d|\Upsilon\rangle}{dt} = \left(\mathbf{H}\mathbf{U}^{-1} - i\hbar \frac{d\mathbf{U}^{-1}}{dt} \right) |\Upsilon\rangle \quad \parallel \mathbf{U}.$$

$$i\hbar \frac{d|\Upsilon\rangle}{dt} = \left(\mathbf{U}\mathbf{H}\mathbf{U}^{-1} - i\hbar \mathbf{U} \frac{d\mathbf{U}^{-1}}{dt} \right) |\Upsilon\rangle$$

$$\text{With } \mathbf{U}\mathbf{H}\mathbf{U}^{-1} = -\frac{\hbar}{2} \begin{pmatrix} \omega_0 & \omega_1 \\ \omega_1 & -\omega_0 \end{pmatrix} \text{ and } \mathbf{U} \frac{d\mathbf{U}^{-1}}{dt} = \frac{i}{2} \begin{pmatrix} \omega & 0 \\ 0 & -\omega \end{pmatrix}:$$

$$i\hbar \frac{d|\Upsilon\rangle}{dt} = \tilde{\mathbf{H}}|\Upsilon\rangle \quad \text{with } \tilde{\mathbf{H}} = -\frac{\hbar}{2} \begin{pmatrix} \Omega & \omega_1 \\ \omega_1 & -\Omega \end{pmatrix} = -\frac{\hbar}{2} (\Omega \boldsymbol{\sigma}_3 + \omega_1 \boldsymbol{\sigma}_1)$$

and $\Omega \equiv \omega_0 - \omega$

Conclusion

In the coordinate frame rotating with the applied perpendicular magnetic field the Hamiltonian of the spin-1/2 system becomes time-independent: $\tilde{\mathbf{H}} \simeq -\frac{\hbar\Omega}{2} \boldsymbol{\sigma}_3$ ($B_1 \ll B_0$)

Nuclear Magnetic Resonance (2)

Time-dependent perturbation $\mathbf{V}(t)$: $i\hbar \frac{d|\Psi(t)\rangle}{dt} = (\mathbf{H}_0 + \mathbf{V}(t)) |\Psi(t)\rangle$

Set $|\psi(t)\rangle = \sum_n c_n(t) |\varphi_n(t)\rangle = \sum_n c_n(t) e^{-\frac{i}{\hbar} \varepsilon_n t} |\varphi_n\rangle$ || $\mathbf{H}_0 |\varphi_n\rangle = \varepsilon_n |\varphi_n\rangle$

Spin-1/2 **two-state system** $|\psi(t)\rangle = c_1(t) e^{i\frac{\omega_0}{2}t} |\alpha\rangle + c_2(t) e^{-i\frac{\omega_0}{2}t} |\beta\rangle$

with $V_{12} = -\frac{\hbar\omega_1}{2} e^{i\omega t}$, $V_{21} = V_{12}^*$, $V_{11} = V_{22} = 0$, $\omega_1 \ll \omega_0$,

and $\Omega \equiv \omega_0 - \omega$:

$$\begin{cases} \frac{dc_1(t)}{dt} = \frac{i\omega_1}{2} e^{-i\Omega t} c_2(t) \\ \frac{dc_2(t)}{dt} = \frac{i\omega_1}{2} e^{i\Omega t} c_1(t) \end{cases} \implies \begin{cases} \frac{d^2 c_1(t)}{dt^2} + i\Omega \frac{dc_1(t)}{dt} + \frac{\omega_1^2}{4} c_1(t) = 0 \\ \frac{d^2 c_2(t)}{dt^2} - i\Omega \frac{dc_2(t)}{dt} + \frac{\omega_1^2}{4} c_2(t) = 0 \end{cases}$$

Initial conditions ($c_1 = 1$, $c_2 = 0$ at $t = 0$), i.e. start in state $|\alpha\rangle$:

$$\begin{cases} c_1(t) = e^{-i\frac{\Omega}{2}t} \left[\cos(\Lambda t) + \frac{i\Omega}{2\Lambda} \sin(\Lambda t) \right] \\ c_2(t) = \frac{i\omega_1}{2\Lambda} e^{i\frac{\Omega}{2}t} \sin(\Lambda t) \end{cases} \quad \text{with } \Lambda \equiv \frac{1}{2} \sqrt{\Omega^2 + \omega_1^2}$$

Conclusion

$$P_{|\beta\rangle}(t) = |c_2(t)|^2 = \frac{\omega_1^2}{\Omega^2 + \omega_1^2} \sin^2 \left(\frac{t}{2} \sqrt{\Omega^2 + \omega_1^2} \right) \quad (I.I. Rabi, 1937)$$

$$P_{|\alpha\rangle}(t) = 1 - P_{|\beta\rangle}(t)$$

Radio-frequency pulses

Rotate z-magnetization ($\sim \sigma_3$) by $R(\phi) = e^{-i\frac{\phi}{2}\sigma_1}$ in $\mathbb{C}^2$
($\phi = \omega t = 2\pi\nu t$):

$$\begin{pmatrix} \cos \frac{\phi}{2} & -i \sin \frac{\phi}{2} \\ -i \sin \frac{\phi}{2} & \cos \frac{\phi}{2} \end{pmatrix} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \begin{pmatrix} \cos \frac{\phi}{2} & i \sin \frac{\phi}{2} \\ i \sin \frac{\phi}{2} & \cos \frac{\phi}{2} \end{pmatrix} \\ = \left(\cos^2 \frac{\phi}{2} - \sin^2 \frac{\phi}{2} \right) \sigma_3 - 2 \sin \frac{\phi}{2} \cos \frac{\phi}{2} \sigma_2 = \cos \phi \sigma_3 - \sin \phi \sigma_2$$

From $\mu = \frac{\hbar\gamma}{2}\sigma \equiv \hbar\gamma\mathbf{l} \mapsto \mathbf{l}_x = \frac{1}{2}\sigma_1, \mathbf{l}_y = \frac{1}{2}\sigma_2, \mathbf{l}_z = \frac{1}{2}\sigma_3$:

$$\begin{array}{ll} \mathbf{l}_x \xrightarrow{\phi\mathbf{l}_{\pm x}} \mathbf{l}_x & \mathbf{l}_x \xrightarrow{\theta\mathbf{l}_{\pm y}} \mathbf{l}_x \cos \theta \mp \mathbf{l}_z \sin \theta \\ \mathbf{l}_y \xrightarrow{\phi\mathbf{l}_{\pm x}} \mathbf{l}_y \cos \phi \pm \mathbf{l}_z \sin \phi & \mathbf{l}_y \xrightarrow{\theta\mathbf{l}_{\pm y}} \mathbf{l}_y \\ \mathbf{l}_z \xrightarrow{\phi\mathbf{l}_{\pm x}} \mathbf{l}_z \cos \phi \mp \mathbf{l}_y \sin \phi & \mathbf{l}_z \xrightarrow{\theta\mathbf{l}_{\pm y}} \mathbf{l}_z \cos \theta \pm \mathbf{l}_x \sin \theta \end{array}$$

Coupled spin systems

System of N $1/2$ spins

$$\mathbf{H} = \hbar \left(\sum_k^N \omega_{0_k} \mathbf{I}_{z_k} + 2\pi \sum_{k < l}^N \mathbf{J}_{kl} \mathbf{I}_k \mathbf{I}_l \right)$$

with $\omega_{0_k} = -(1 - \sigma_k) \gamma B_0$, σ_k - isotropic chemical shielding
 $\mathbf{J}_{kl}$ - indirect spin-spin coupling tensor
 $\mathbf{I}_k \mathbf{I}_l = \mathbf{I}_{z_k} \mathbf{I}_{z_l} + (\mathbf{I}_{x_k} \mathbf{I}_{x_l} + \mathbf{I}_{y_k} \mathbf{I}_{y_l})$

For $2\pi |\mathbf{J}_{kl}| \ll |\omega_{0_k} - \omega_{0_l}|$ and without $\hbar$

$$\mathbf{H} = \sum_k^N \omega_{0_k} \mathbf{I}_{z_k} + 2\pi \sum_{k < l}^N J_{kl} \mathbf{I}_{z_k} \mathbf{I}_{z_l}$$

During acquisition single spin magnetization is propagated **in the rotating frame** by $U = e^{-\frac{i}{\hbar} \tilde{\mathbf{H}} t}$, but evolution of coupled spin systems follows direct product algebra.